



Dear Team Captain,

Welcome to the Walk MS 2014 season! We hope you are off to a great start with your fundraising and recruitment efforts. To help your efforts, we have included in this packet the following items:

Team Captain Guide	Includes information regarding Walk MS, teams, fundraising and more.
Donation Distribution Form	Use this form to split checks among several members of your team. Feel free to make copies as needed.
Donation Record	Use this form to record offline donations you receive. Feel free to make copies as needed.
Team Goal Worksheet	Set personal and team goals and stay on track leading up to Walk MS!

**Walk MS thermometer poster available upon request*

Please do not hesitate to contact us if you need any more materials. Materials can also be found on our "Team Info" page at www.walkmsmaryland.org.

Thank you for your continued support and all that you do for our organization. We wish you great successes this Walk MS season!

Sincerely,

Handwritten signature of Samantha Flottesch in black ink.

Samantha Flottesch
Team Program Coordinator
443-641-1207
Samantha.Flottesch@nmss.org

Handwritten signature of Katie Amos in black ink.

Katie Amos
Walk MS Coordinator
443-641-1209
Katie.Amos@nmss.org